



MOUNTWEST
COMMUNITY AND TECHNICAL COLLEGE

WELCOME BACK *Students*

Monty's Roar Newsletter



Week of Welcome



September Events

We had a great first week of classes! Thank you to all the students, staff, and faculty that came out to celebrate the beginning of the fall semester.

Be sure to mark you calendars for upcoming events. This month will be packed with different activities & events

Welcome Week Fall 2024



Thank you to all of **YOU** for coming out and supporting our Welcome Week activities We hope you have a great semester!

Message from VP of Student Services

Welcome to the Fall 2024 semester at Mountwest Community and Technical College! Whether you are returning to continue your academic journey or joining us for the first time, we are thrilled to have you as part of the Mountwest family.

As the Vice President for Student Services, I want to personally extend a warm welcome and express my excitement for the

opportunities that this new semester brings. Our campus is more than just a place for classes and study; it's a community where you will find support, inspiration, and the resources to help you succeed in your academic and personal endeavors. We are committed to providing you with a supportive environment that fosters both your academic growth and personal development. Our Student Services team is here to assist you with everything from academic advising and counseling to career services and student life activities. I encourage you to take advantage of these resources and get involved in the many events and organizations available on campus.



This semester, I hope you will challenge yourself to set new goals, connect with your peers, and explore the many opportunities that Mountwest has to offer. Remember, your success is our top priority, and we are here to help you every step of the way.

Make it a GREAT semester!

James L. McDougle
Vice President for Student Services
mcdougle@mctc.edu or 304-710-3474

Message from Student Body President

Hi! I'm Madison Keith, your Student Body President. I am also your Phi Theta Kappa President, and Co-President of the Creative Writing Club. My major is Healthcare Transfer Studies, and in my free time I enjoy cooking, gardening, and making multimedia art.

I would like to welcome everyone, new and returning, to a brand-new semester! As first exams approach and things begin to feel overwhelming, remember that you can accomplish difficult things, and that the difficult moments will pass and things will get better! And remember to utilize resources on campus, whether student hours, free counseling services, or the food pantry. Everyone on campus is here for you and wants to see you succeed!

Please contact me at keith14@mctc.edu if you have any questions! Have a great semester!



Library Services

As construction begins on the new Digital Learning Commons, Library Services has been moved to room 110B. Free printing is available and computers are available for access.

For more information, contact Jamie Bayne at bayne@mctc.edu



Meet the Advising Team



Katie Bentley
Director of Advising

Advisor of these programs:

- Physical Therapy Assistant
- Respiratory Therapy
- Early Entry
- Transient

Contact Information:

304-710-3402 || bentleyk@mctc.edu



Olivia Layne
Advisor

Advisor of these programs:

- Business
- Culinary & Hospitality
- Information Technology
- Human Services & Education
- Legal Studies

Contact Information:

304-710-3427 || layneo@mctc.edu



Ronin McWain



Natasha Blanton

Advisor

Advisor of these programs:

- General & Transfer Studies
- Biomedical Instrumentation Technology
- Electronic Technology
- Paramedic Science

Contact Information:

304-710-3364 || mcwain@mctc.edu

Advisor

Advisor of these programs:

- Aviation Maintenance
- Machinist
- Welding Programs
- SMART

Contact Information:

304-710-3524 || blantonn@mctc.edu



Tyler James
Advisor

Advisor of these programs:

Allied Health

Contact Information:

304-710-3361 || james43@mctc.edu

Accessibility & Wellness Specialist

Our Accessibility & Wellness Specialist is available to students who are struggling with classes, outside events, etc. If you are struggling with any of those concerns, or others, please visit Allison Flanagan in room 112.

For questions or to schedule and appointment, email Allison Flanagan at flanagana@mctc.edu.



Mental Health Screening

As part of a HEPC Mental Health grant that we were awarded for this school year, we will be offering optional student mental health screenings. Screenings are a great way to gain insight on student wellbeing, engage students in mental health care, and increase awareness of mental health services and



symptoms.

Students have all semester to respond to this screening, so I'd appreciate any attention we can bring to the screener through this semester. All students that answer will be entered into a drawing of their choice to win some pretty good prizes - airpods, noise cancelling headphones, speaker, etc. Prizes will be drawn at the beginning of Stress Less Week and winners will be contacted directly.

All student entries are confidential and HIPAA compliant. The screener includes the PHQ-9 and GAD-7 screening tools, two evidence based tools for measuring symptoms of anxiety and depression. Screening results will go directly to me, and I'll follow up with students with information on their screening results and information on optional next steps. **Please understand that this does not equate to a diagnosis, it's just a screener** □

To access the digital screener, students can use this link: <https://forms.office.com/r/3huQ44XgWV>

If a student would rather complete a paper copy they can get a copy from student services staff. Completed paper screenings can be handed directly to me, or dropped in the locked drop box outside my office. which is room 112.

Veteran & Military Services

As a Veteran and Admissions Specialist at Mountwest Community and Technical College, I help veteran students navigate the transition to college life. This includes assisting them with understanding and using their VA education benefits, guiding them through the admissions process, and connecting them with important resources both on campus and in the community. I work with local organizations to provide support such as financial aid, job placement, and mental health services. Additionally, I advocate for a veteran-friendly environment on campus, organizing events and workshops tailored to veterans' needs and promoting policies that recognize and honor their unique experiences and contributions.



We are currently giving away **free veteran T shirts** in support of our veteran students on campus. If you are a veteran here at Mountwest please come and meet with me in Room 103A in the Student Welcome

Financial Aid Refunds

Refunds are in the process of being sent out. If you are expecting a refund, please allow 7-10 business days from disbursement for it to be sent to your bank mobile account.

If you have not set up a Bank Mobile Account, please contact the Cashier's Office.



September Events

September 2 - Withdrawal Period Begins

September 10th - Club Crawl

Interested in joining a club? Want more information about clubs? Join us in the lobby from 10AM - 2PM to learn about all the different student organizations on campus!

September 12th - First Generation Student Luncheon

If you are the first in your family to attend college, then please join us as we celebrate YOU with a catered lunch, guest speakers, and more! Starting at 11:30 AM.

September 16th - 20th - Healthy Campus Week

Each day this week will be to help promote mental & physical wellness throughout the campus. Be on the lookout for the different days of activities.

September 17th - Constitution Day

Haven't registered to vote? Have questions about the process? Ask all your questions and more in the lobby from 10 AM - 12 PM.

September 19th - Popcorn & Paint

Back by popular demand, come and paint a canvas with some popcorn. Online 20 spots will be available, so be on the look out for an email to do so.

September 25th - Cornhole Tournament

Join us for some friendly competition and compete for prizes on the back patio. Whether you're a team of two, four, or just want to watch, there will be fun for everyone!

September 26th - Intention Bracelet Making

What is a word that helps you get through the day? Need a gentle reminder to help? There will be free bracelet making in the Student Activity Center from 10 AM - 1 PM while supplies last.

WE ARE HIRING



AMERICORP STUDENT AMBASSADOR

WHY JOIN?

- ✓ **\$6,353 Living Allowance**
- ✓ **\$2,474.27 Education Award**
- ✓ **WV AmeriCorps Tuition Waiver**
- ✓ **Training & Personal Development**

READY TO MAKE AN IMPACT ?

Become an essential part of Mountwest Community & Technical College by helping to recruit and support new students while developing valuable skills!

WHAT YOU'LL DO

- **Outreach:** Assist enrollment & ensure acceptance
- **Promote:** Support events & activities
- **Support:** At-risk students & service projects
- **Customer Service Skills:** Positive demeanor.

PROGRAM SUPPORT

- College Coordinator will oversee your daily activities.
- Receive guidance and mentorship throughout the program.
- Fulfill site responsibilities & data collection requirements.

HOW TO APPLY

**Form more information, email
Susan Levering, Director of
Admissions at levering@mctc.edu**



Mountwest Office of Student Services & Campus Life Facebook Page

Be sure to follow our Facebook page for more information about upcoming events, job postings, community services opportunities, and more!

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You *Matter* Here



Mountwest Community and Technical College | 1 Mountwest Way | Huntington, WV 25701 US

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